

# LOTP Link

## A Strong Foundation

We are relationship builders. We build them based on three simple and complex words, ‘Do Love First’. We teach people how to truly care and express love to others. That means we train staff and families how to communicate love to someone with an intellectual disabilities in a way that they understand. The flip side to that is helping people with disabilities love and build relationships with the other people in their life. Do Love First is a philosophy, a training tool, a challenge and a reminder, it is the undercurrent to all we do and runs through our veins quicker than coffee.



“

*We better the lives of those with intellectual disabilities by raising the standard of support, building healthy relationships, and creating opportunities for them to invest in and be valued by society..*



## Coming alongside to strengthen and assist

The Supported Independent Living Program is for those that live on their own yet require some assistance with daily living tasks. We come along side and offer support in all areas of life including household management, finance and social networking.

We work diligently with their gifts and strengths to enrich their own lives and the lives of those around them.



## LOTP Comic of the Month

You can look forward to seeing a new comic every month created and illustrated by Matthew Salmon, a very talented client at the Day Program

“

*Every day is a new beginning. Take a deep breath, smile, and start again.*





# Our Christmas

## Day Program



The Day Programs' 3rd Annual Gingerbread House Off was a delightful success! LOTP group homes joined in the fun by signing up and submitting their creative gingerbread house masterpieces. The competition was fierce, but the winning house this year was "Snow It All" from the Eastview home—congratulations!

The event wasn't just about the competition; it was also a time for gathering and enjoying a cozy hot chocolate bar alongside plenty of socializing. It was heartwarming to see the creativity and community spirit on display. Looking forward to next year's competition!

## Edwards

At Edward Home, hosting a Christmas dinner for participants, family members, friends, and guests is a cherished tradition. It was a true delight to organize this event, where the joy and excitement of our participants were simply beyond words. We are deeply grateful to all the guests who joined us and made this celebration even more special.



## Easthill

The Easthill ladies had an eventful and joyful holiday season! They visited Glow at Prairieland Park, explored the Enchanted Forest, and attended the agency Christmas party. On December 18th, they celebrated with an early Christmas supper and exchanged presents before Morgan departed for Hawaii. On Christmas Day, Morgan, Kelly, and Claire spent quality time with their families, while Ericamae and Sehaj created a magical celebration for Candice and Tressa, complete with crafts, music, games, delicious food, and cookie decorating.

*Always believe something wonderful is about to happen.*

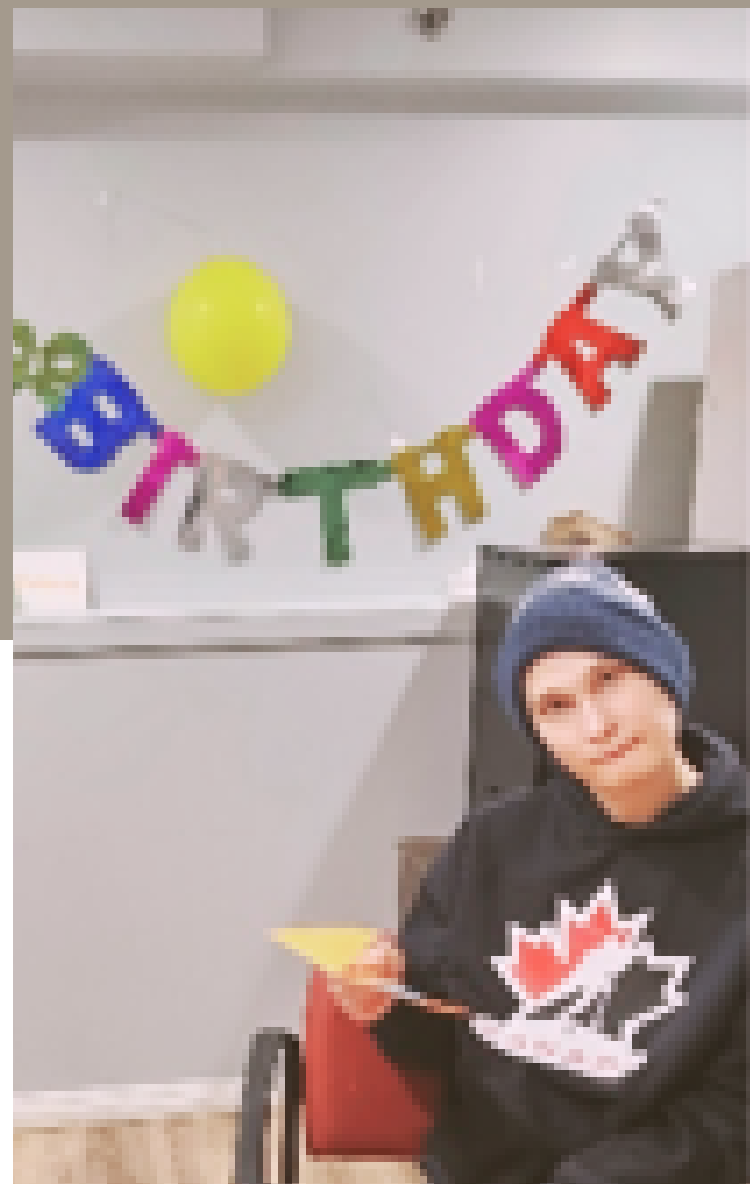


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# Greaves

The gentlemen kicked off the new year with plenty of excitement and enjoyable activities. However, the most meaningful moments were the celebrations of two special birthdays in January. These occasions brought everyone together to share laughter, joy, and heartfelt wishes, making the start of the year truly memorable. The birthday celebrations were filled with festive energy and warmth, setting the tone for a year full of happiness and camaraderie.



# Walter Lane

The 2024 Christmas season at LOTP Walter Lane was filled with joy, connection, and celebration! We started with a wonderful house-hosted party, where staff, residents, and families shared festive cheer and delicious food. The celebrations continued with a company Christmas party, featuring beautiful decorations, music, and warm hospitality. To wrap up the season, our team enjoyed a delightful Christmas lunch at Best Asia Buffet, filled with laughter and shared memories. We are grateful for this amazing community and look forward to another year of celebration and growth together!



# SILP/Preston

SILP and Preston joyfully bid farewell to 2024 and welcomed the New Year with enthusiasm! With many exciting goals set for 2025, the group is eager to embrace new opportunities and adventures in the months ahead. Here's to a fantastic year full of possibilities!



# Eastview

In December, Eastview and Gustin Houses gathered for a joyful Christmas celebration. They shared a festive meal and created personalized ornaments, adding a creative touch to the holiday season. A standout moment was the gingerbread house competition, where Winston's "Charcuterie Chalet" earned first place, impressing everyone with its originality and charm. Throughout the holidays, participants cherished quality time with their families, enjoying a well-deserved break from work and programs. December 27th brought added festivities as Jeremy and Leah celebrated their birthdays with loved ones, making the season even more memorable for all involved.



“ Be grateful for little tiny things that bring you joy. ”





## St. Lawrence

The St. Lawrence guys kicked off the new year with a fantastic celebration! On weekends, they enjoyed evening drives, bowling, and mall walks. On colder days, they stayed in, helping staff with meal prep and playing games. Devon started music therapy and had a great first experience. Meanwhile, Arlen and Blake have begun therapeutic massages at home and are loving it. It's been a great start to the year!



## Gladstone



The Gladstone men had an eventful winter, starting with celebrating Regan and Paul's birthdays in early December. They then embraced the holiday spirit by attending the LOTP Client Christmas Party, where they enjoyed time with friends and participated in festive activities. They also helped bake treats, assembled baking trays, and delivered them to spread holiday cheer. While the holidays were delightful, the men are now looking forward to warmer days and spending more time outdoors with friends.

## Gustin

Gustin kicked off the Christmas season with Brayden, Julia, Michelle, Shirley, and Theresa attending the Day Program's evening Christmas party. The following Monday, Theresa hosted a potluck with her family, enjoying personalized gifts and her favorite banana cream pie. Gustin and Eastview shared a Christmas dinner, with Jackie and Kristen preparing a feast and ending the evening with a personalized ornament craft. Gustin's kitchen became a mini bakery, delivering Christmas Cheer Packages around Saskatoon. Mid-December, families joined for a Christmas brunch, filled with good food and conversations, and the ladies were spoiled with gifts. Brayden decorated his first Christmas tree and celebrated Christmas Day with his parents, opening presents and enjoying a walk in the beautiful weather.



## McCormack



Christmas is always a special time at McCormack Home. The season was filled with celebrations, starting with the LOTP Client Christmas Party on December 5. On December 12, the men enjoyed a Chinese food supper and a Secret Santa gift exchange at McCormack House, followed by Robert's annual Christmas celebration on December 14. The holidays were spent with family, creating cherished memories. The McCormack House Staff Christmas Party, scheduled for January 18, 2025, will mark the final celebration of the season. The men also joined the L'Arche Christmas Supper, a festive event enjoyed by all.

“

*Behind you are your memories,  
Before you are all your dreams,  
Around you are all who love you,  
Within you is everything you need.*

”



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## Happy Birthday

Kelly McRuvie  
Devon Chermoniak  
Michael Grills  
RobertTurner  
Brandolee Konthoujam  
Charles Anokye  
Mirissa Taylor  
Lorena Daquioag

Asheley Quinn  
Kaitlin MacPherson  
Nadine Frehlich  
Tana Jayal  
Sofija Makaji  
Akhil Jose  
Emeree Lovelace  
Asmita Niure



### Day Program & Office Holiday Closures:

February 17 – Family Day

Light of the Prairies would like to expand our newsletter circulation. If you know of any family, friends or co-workers who would be interested in Light of the Prairies, please send their information to: Candace Dillon at [admin@lightoftheprairies.ca](mailto:admin@lightoftheprairies.ca)



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# JOIN US

Join us at Light of the Prairies to make a meaningful difference in the lives of individuals with intellectual disabilities. Whether through membership, donations, board participation, or employment, your involvement helps raise the standard of support, fosters healthy relationships, and creates valuable opportunities for inclusion and appreciation within society. Together, let's illuminate brighter futures and build a more inclusive community.



## Submit your Resume

If you're ready to embark on a rewarding journey where your contributions truly matter, apply now and become part of the Light of the Prairies family!

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## Become a Member

By becoming a member, you will have a voice in shaping our policies and programs.

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## Join our Volunteer Board

As a board member you give oversight to the agency keeping our vision and mission on track with excellence, innovation and integrity.

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## Make a Donation

Bettering the lives of those with intellectual disabilities can't be done without you.

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