

# LOTP *Link*

## Our group homes offer comprehensive residential supports designed to provide individuals with 24-hour care tailored to their specific needs.

More than just residences, our group homes are designed to be true homes where residents feel a genuine sense of belonging and family. We prioritize cultivating strong relationships among residents and staff, creating an environment that promotes individual growth and flourishing. For example, we organize regular group activities and communal meals to foster connections, ensuring everyone feels valued and supported. This nurturing atmosphere helps each resident thrive both personally and socially.



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*We better the lives of those with intellectual disabilities by raising the standard of support, building healthy relationships, and creating opportunities for them to invest in and be valued by society..*



## Light of the Prairies has been serving individuals facing the challenges of intellectual disability over the past 35 years.

We’ve discovered that people live their best lives through healthy, meaningful relationships, and our solution is captured in our “Do Love First” philosophy.



## LOTP Comic of the Month

You can look forward to seeing a new comic every month created and illustrated by Matthew Salmon, a very talented client at the Day Program

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*Kindness doesn't cost a thing, yet it's the richest gift you can give.*





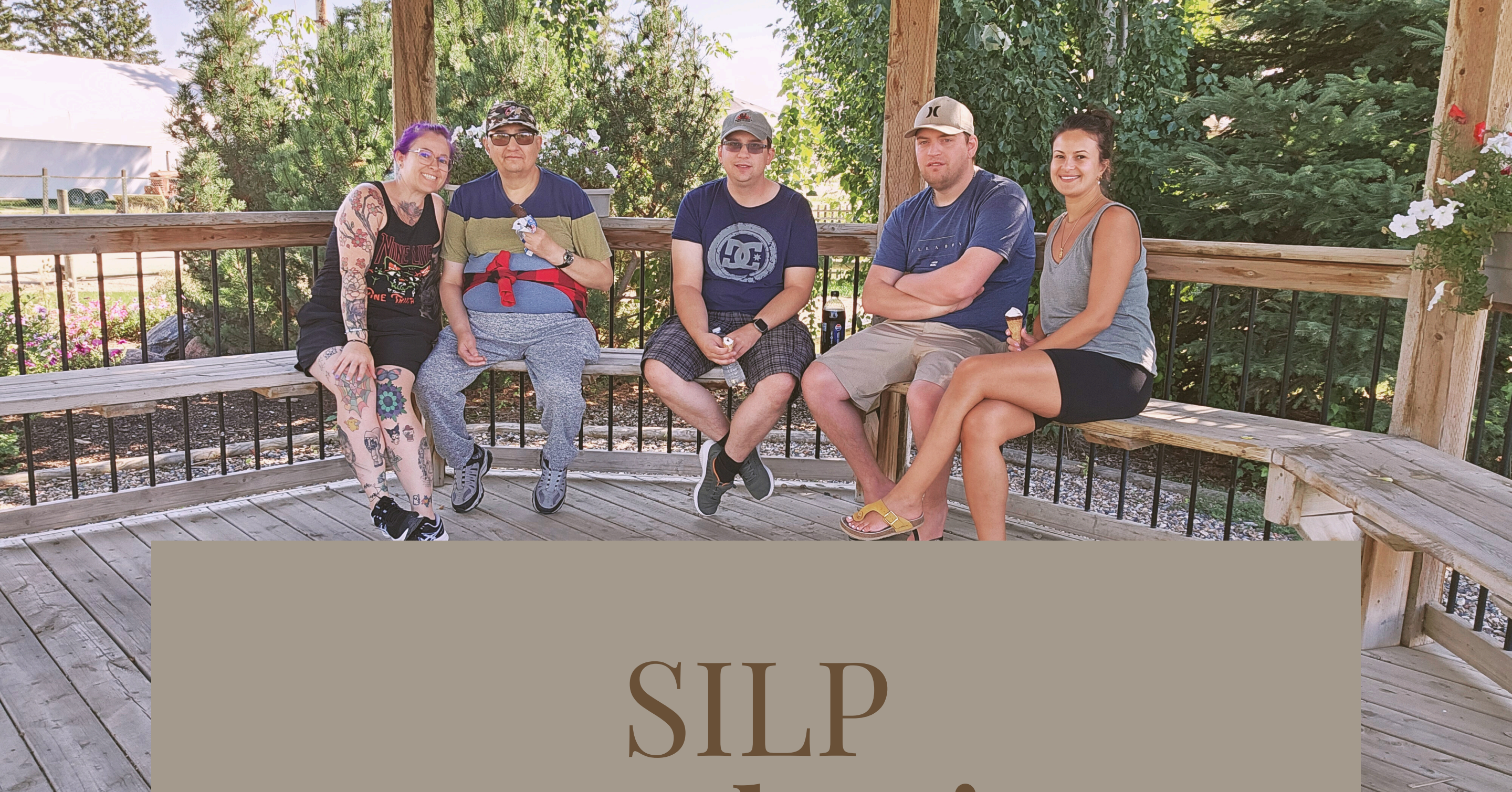


# Happy Halloween!



[www.lightoftheprairies.ca](http://www.lightoftheprairies.ca)





# SILP Update!

Summer may have slipped away, but what a beautiful start to fall it's been! The Preston House and SILP teams made the most of the season, fitting in a few trips to the lake and enjoying some cabin life relaxation. Just when they returned, there was an exciting surprise waiting: Ron's official name-change documents had arrived! After previously being told he couldn't make this change, receiving these documents was a truly special moment for him. What a season filled with milestones and memories!

## Our Summer of Fun



Ron, Dwayne, Tristan, Angela, Drew, and Allan from SILP and Preston showed their dedication by completing the 5km walk at the Step up for Mental Health event. It was a powerful way to come together and support an important cause.



Allan took a solo trip to Moose Jaw with staff, where he had the opportunity to explore the tunnels for the first time. It must have been an exciting and memorable experience!

Ron has officially retired and is now enjoying full-time attendance at the LOTP Day Program. It's wonderful to hear that he feels so comfortable there, describing it as "like home." What a great new chapter for him!



Angela recently traveled back to Greece for a heartwarming reunion with her family, accompanied by her best friend and a support staff. During her visit, she cherished moments at the lake with her loved ones and celebrated a beautiful family wedding, making the trip truly unforgettable.



Dwayne had a wonderful visit to Prince Albert, where he reconnected with family and met up for coffee with a support staff who had moved there. Borrowing his brother's truck, he got to explore the city at his own pace, making the trip even more special.



We're all feeling incredibly grateful for the small adventures and special moments we've shared. Each experience has brought us closer together and added something memorable to our journey.





# Eastview Update!

Eastview Home enjoyed a busy and fulfilling summer, spending time outdoors planting and caring for a garden that provided fresh vegetables for daily meals. They are also excited to showcase their newly landscaped front yard, made possible by the dedicated efforts of the Maintenance team over the summer months. You won't want to miss the chance to come and see it!

In October, Eastview was delighted to welcome back Team Lead Kristen Halyk from her maternity leave. At the same time, they bid farewell to Jackie, who had been filling in for Kristen. Jackie has transitioned to Team Lead at Gustin, and everyone at Eastview is looking forward to her regular visits!



Devan, Jeremy, Leah, and Winston hosted a lovely Sunday afternoon BBQ for their families in the backyard. Before the weather turned chilly, they also made a trip to Big Mur's Tavern in Dundurn for their famous burger night, where they shared plenty of laughs and enjoyed some delicious burgers.



Jeremy and Devan brought their creativity to life by participating in a fashion show as Cruella DeVil and Jasper, adding their unique twist to the 101 Dalmatians theme. In addition to this fun event, they also enjoy art and music classes, along with various other activities. Their enthusiasm for participation is truly inspiring!



Leah and Winston dedicated much of their summer to work, but they both made time to participate in the Step Up for Mental Health walk, completing a 5k loop around downtown Saskatoon. Additionally, Winston was active in the Sask Marathon 5k, community tree planting, and various other volunteer opportunities. It's great to see their commitment to both work and community service!



Devan, Jeremy, and Winston kicked off August with a day trip to Regina for a Saskatchewan Roughriders game. Although the team lost, they had a blast singing and taking turns napping in the van. They then enjoyed another day trip to Candle Lake, where Winston's sister graciously hosted them at the family cabin. Jeremy had a great time on a boat ride with a dog, while Devan took a leap into the deep water with Destiny and Winston. Later, Winston had a thrilling time Seadooring in the middle of the lake. Everyone agreed it was the best day ever!







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## Happy Birthday

Arlen Rosaasen  
Candice Ounpuu  
Michelle Wiebe  
Chantal Van Meesen  
Alexandria Manuel

Hilda Owusu  
Aleetta Pappachan  
Bobin Babu  
Blessing Dwumah Manu



### Day Program & Office Holiday Closures:

November 11 – Remembrance  
Day

Light of the Prairies would like to expand our newsletter circulation. If you know of any family, friends or co-workers who would be interested in Light of the Prairies, please send their information to: Candace Dillon at [admin@lightoftheprairies.ca](mailto:admin@lightoftheprairies.ca)



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# JOIN US

Join us at Light of the Prairies to make a meaningful difference in the lives of individuals with intellectual disabilities. Whether through membership, donations, board participation, or employment, your involvement helps raise the standard of support, fosters healthy relationships, and creates valuable opportunities for inclusion and appreciation within society. Together, let's illuminate brighter futures and build a more inclusive community.



## Submit your Resume

If you're ready to embark on a rewarding journey where your contributions truly matter, apply now and become part of the Light of the Prairies family!

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## Become a Member

By becoming a member, you will have a voice in shaping our policies and programs.

[Click To View](#)



## Join our Volunteer Board

As a board member you give oversight to the agency keeping our vision and mission on track with excellence, innovation and integrity.

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## Make a Donation

Bettering the lives of those with intellectual disabilities can't be done without you.

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*Thank You For Visiting  
&  
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