

# LOTP *Link*

**At Light of the Prairies we strive to have our homes become that place of belonging for those that live there.**

Our homes are located throughout the city of Saskatoon individually led by a very experienced leadership team who are equipped to provide support for extensive and complex needs.



“

*We better the lives of those with intellectual disabilities by raising the standard of support, building healthy relationships, and creating opportunities for them to invest in and be valued by society..*



**We rate much of our success by the joy, fulfillment and fullness of life in the lives of the people we support.**

All roommates are selected based on their fit with one another, creating a unique family atmosphere in each home. We encourage healthy loving relationships and welcome friends and family members of those we support into their loved one's home.

## *Annual Bbq*

Save the Date  
Light of the Prairies  
Cruise Weekend Charity BBQ  
August 17, 2024  
Competition Muffler



”

*“To be happy you must let go of what's gone, Be grateful for what remains. Look forward to what is coming.”*





## Thank you to everyone who came out for our first **Art Exhibition**

I just want to say a HUGE thank you to everyone who attended our first Art Exhibition this past Saturday. Thanks to everyone who helped out over the 10 weeks during the sessions, thanks to Dianne for being such a wonderful therapist, thanks to everyone who came in and set up the displays for their artists and a special thank you to ALL of our wonderful artists that allowed their art to be displayed. Art Therapy has been an amazing experience for us all and we can't wait for the fall session  
-Lisa



"Art can permeate the  
very deepest part of us,  
where no words exist."  
Eileen Miller

"I found I could say  
things with color and  
shapes that I couldn't  
say any other way -  
things I had no words  
for."  
Georgia O'Keeffe



"Art has the power to  
render sorrow beautiful,  
make loneliness a  
shared experience, and  
transform despair into  
hope."  
Brené Brown

### Dianne Shannon

"Some of the goals of the group were to explore self-expression of experiences and emotions in a contained environment among peers who share similar experiences. As a result, some content explores personal issues, such as fear of death or difficult interpersonal relationships. Holding the art show within LOTP ensures people's art and associated feelings are not shared beyond the safety of the LOTP community."  
I found the outcomes of the LOTP groups very beneficial and most likely facilitated by having a larger group size and the buffet-style of material choice.



[www.lighttotheprairies.ca/](http://www.lighttotheprairies.ca/)



Follow Our Links To Sign  
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Sponsor



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**SUNDAY, SEPTEMBER 15, 2024**

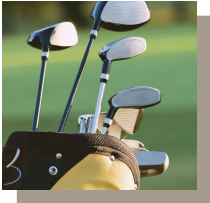
Holiday Park Golf Course Saskatoon SK

Check-in: 10:00am

Shotgun start: 11:00am

Steak Dinner &

Silent Auction at 5:00pm



**Golf Tournament Sponsorship  
for Light of the Prairies**

Thank you for considering sponsoring the upcoming golf tournament organized by Light of the Prairies. Your generosity will make a significant impact on our mission to support individuals with disabilities.

Click below for various sponsorship opportunities available for your company.

[Click To Know More](#)



**Steak Night**

Join us for an unforgettable evening of food and comaraderie as we conclude our Charity Golf Tournament.

The evening promises even more excitement with a 50/50 draw and a silent auction, offering fantastic items up for grabs, all in support of improving accessibility within the LOTP community.

[Click to Purchase Tickets](#)



# Program Update!

Each month we feature two of our eleven programs. Each program is unique and based on the individuals supported within each program.

## McCormack News

This year at Club McCormack, our four vibrant members have been living life to the fullest, each finding new paths and sharing incredible moments with friends. Here's a look at their remarkable journey



We've had some fantastic birthday parties with a delicious 4-layer chocolate RoughRiders cake, plenty of pizza, ice cream, and amazing friends!

We have also had a great time at a CWE wrestling event where all the guys were able to, "FLEX it OUT" with the wrestlers and everyone just had a blast!



We also had a chance to let out our manly side and watch Monster Trucks! Loud, smokey, engines, trucks, flying motorcycles.... rawr, rawr, RAWR!!! Needless to say, all men were satiated with food and fun!

This summer is packed with exciting plans! We're going on swimming expeditions in Saskatchewan, taking a train trip to Wakaw, attending a RoughRiders game, visiting Batoche, and much more. At the McCormack house, we're committed to providing new experiences and a life of learning and fun for the Men of "Club McCormack"!



# Gladstone News

As summer arrives, the gentlemen from Gladstone are as enthusiastic as ever. Here's a quick recap of our spring activities and a glimpse of what's ahead.

4th Annual Rise and Shine Pancake Time Breakfast

At the end of May, Gladstone hosted its 4th Annual Rise and Shine Pancake Time Breakfast. The weather was fantastic, and the community spirit was even better. A huge thank you to everyone who helped and attended the event. We look forward to seeing you at the next one in September!



The men have been enjoying various outdoor activities and are eagerly anticipating the warm summer days. Here's what everyone has been up to:

- Paul: Gearing up for a return to Rosthern Youth Farm Bible Camp this July.
- Alan: Enjoying his season tickets for the Rattlers games.
- Dennis and Regan: Loving the nice weather, especially when they can get out for walks.

With summer here, the men are ready to explore:

- Checking out local patios
- Visiting ice cream spots around town

We look forward to a fun and active summer and can't wait to share our adventures with you. Stay tuned for more updates!

## Art Therapy Success

Paul and Dennis recently completed a 10-week Art Therapy session, and we are proud to announce that we now have two amazing artists in our house. The sessions were a tremendous success for both of them.





## Happy Birthday

Winston Hellquist  
Dennis Mudrey  
Colby Dannenberg  
Cole Crowter  
Asantewaa Ama  
Trevina Grant  
Kaitlyn Stroeder  
Rosanna Archer  
Emmanuel Matthew

Rosemarie Haanen  
Jamie Janzen  
Baylie Westwood  
Grazela Baisa  
Jade Leblanc  
Alisha MacDonald  
Eseoghene Arubasa  
Dennis Ison



Light of the Prairies would like to expand our newsletter circulation.

If you know of any family, friends or co-workers who would be interested in Light of the Prairies, please send their information to:

Candace Dillon at  
[admin@lightoftheprairies.ca](mailto:admin@lightoftheprairies.ca)



### Day Program & Office Holiday Closures:

July 1 - Canada Day

August 5 - Civic Holiday



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# JOIN US

Join us at Light of the Prairies to make a meaningful difference in the lives of individuals with intellectual disabilities. Whether through membership, donations, board participation, or employment, your involvement helps raise the standard of support, fosters healthy relationships, and creates valuable opportunities for inclusion and appreciation within society. Together, let's illuminate brighter futures and build a more inclusive community.



## Submit your Resume

If you're ready to embark on a rewarding journey where your contributions truly matter, apply now and become part of the Light of the Prairies family!

[Click Here](#)



## Become a Member

By becoming a member, you will have a voice in shaping our policies and programs.

[Click Here](#)



## Join our Volunteer Board

As a board member you give oversight to the agency keeping our vision and mission on track with excellence, innovation and integrity.

[Click Here](#)



## Make a Donation

Bettering the lives of those with intellectual disabilities can't be done without you.

[Click Here](#)

Thank You For Visiting  
&  
Keep In Touch

