

### Donations:

Some of the ways you can donate are:

Donate by mail

- Donate online
- Electronic Transfer

[donations@lighttotheprairies.ca](mailto:donations@lighttotheprairies.ca)

Other options include:

- Asking that "in lieu of" donations be made to Light of the Prairies Society Inc.
- Light of the Prairies Society Inc. as a beneficiary in a will.
- Choose to give on a monthly basis.

Thank you for all your support in the past and continued support.



Whatever is beautiful.

Whatever is meaningful.

Whatever brings you happiness.

May it be yours this holiday season and throughout the coming year.

Warm Wishes from the Board of Directors  
at Light of the Prairies.

### Day Program & Office Holiday Closures:

December 25<sup>th</sup> – Christmas Day

December 26<sup>th</sup> – Boxing Day

January 1<sup>st</sup> – New Years Day



## I Hope This New Year Brings You...

*Courage to try again*

*Passion for doing what you love*

*Ambition to aim higher*

*Resilience in overcoming obstacles*

*Humility to learn from others*

*Kindness for yourself and others*





## McCormack House News

A day in the life of the McCormack gets. We are early risers, morning coffee is always important for Colby, protein shakes for Rob and of course cereal for Blaine.

Mornings are for exercising, listening to Alexa, reading the newspapers, and socializing. We all go to work then return home with one thing in mind. Supper time!!







## McCormack House News

We deliver flyers, go for coffee with our friends, ball games and volunteer in the community. We also look forward to our monthly visits to our other homes to see our friends or sitting in Asha's office to have a meeting.

We assist in making supper some days, cleaning our rooms, and doing laundry. But what we love the most is out pets and pet time. SShhh... can you keep a secret? Last year the staff found a dog on her way back to work, we got to play a bit with him and give him a grand tour of our home. Boy was that fun!! Sad to see him go but happy we found his owners quickly.

We are seeking more opportunities for 2024 to spread more love to our fur friends.





## Eastview House

Over the last few months Eastview has welcomed a new team lead Jackie to cover while Kristen takes a year adjusting to motherhood.

Eastview has been enjoying hosting coffee outings along with a supper and drinks evening at Birmingham's which was a huge hit. We focused on positivity throughout the fall by baking and delivering Bannock and handing out flowers with positive messages along with numerous other activities.

Winston and Devan are both back bowling every Saturday with the special Olympic league.

Jackie and Devan hosted an online cooking class teaching others how to bake cinnamon buns. Devan's favorite part was mixing and spreading the icing. Devan continues working daily at Sask Abilities, she enjoys spending her days there with her friends. She has been excitedly going to see Theresa Skirka play at D'Lish by Tish on Wednesdays for the last couple of months.







Léa and Erin participated in the Ovarian Cancer Walk for the Cause. In September Léa spent 2 weeks travelling to Disneyland and Las Vegas with her mom. Then in October she road tripped to Regina with her dad to and received an award for 20 years of service with Sarcan.

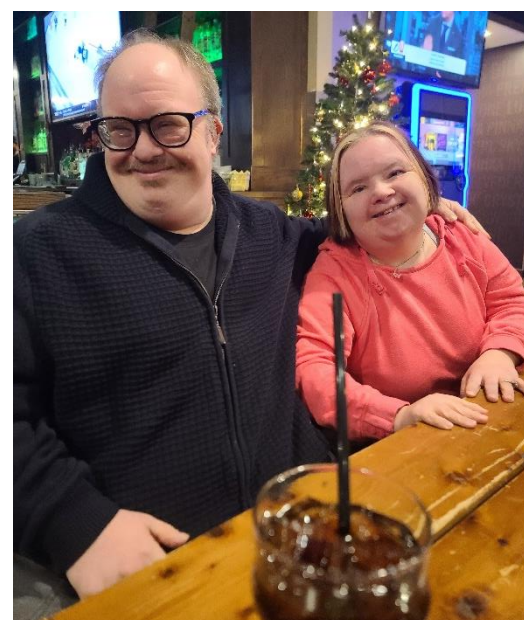


Jeremy continues attending his day program at Cosmo. He looks forward to evening outings to the gym, library, and other outing where he is meeting and interacting with other individuals. He has also been participating in Rhythm Band through Cosmo and is excited for his band concert this month.



Winston continues to enjoy working at Subway and his other weekly jobs that keep him busy. At the end of October Winston saw the Vampire Circus tour and thought it was super cool.

Getting closer to the holidays we have been busy baking and decorating for a small celebration with our family and friends.





## SILP House News

SILP and Preston house have experienced a busy yet exciting autumn and winter season. Since our last update, we have successfully completed the **Mental Health Walk**, allowing our clients' training to pay off. We are truly proud of their dedication and commitment and the smiles on their faces throughout it all.



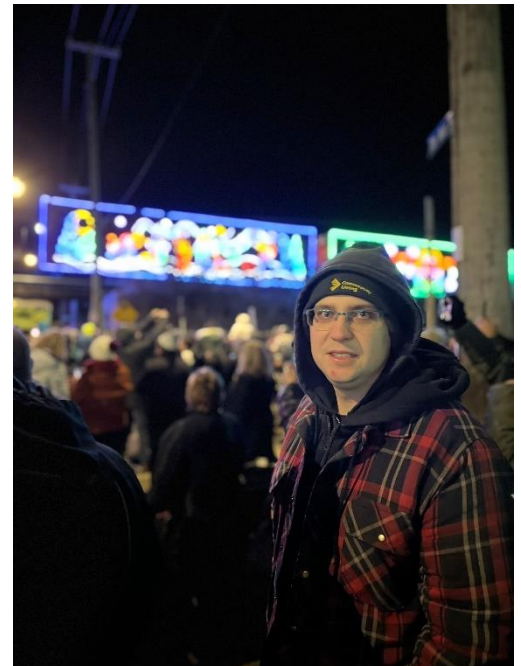
With the winter season drawing near, the clients have dove deep into new hobbies and volunteering. Allan has newly embraced a volunteer position at Holy Cross High School, aligning with his strengths and skills post-retirement from Sarcan. Alongside Destiny, Drew has begun volunteering at the Food Bank and has thoroughly enjoyed giving back to the community while making ongoing friendships. Tim has continued his participation at Crocus Co-operative and had a successful craft display mid-November showing off his creative artistic skills. Dwayne has been keeping busy by embracing new skills and cooking for his staff and roommates. He enjoys helping out within his home by raking leaves and participating in the online cooking classes hosted throughout LOTP.





Angela practiced the virtue of “kindness” by spreading love and Christmas cheer for her staff by hosting a holiday party early in December. Enjoying music, yummy treats, and a newborn baby, staff and Angela were able to kick off some holiday cheer.

As the air turns colder, and the beginning of winter comes forth, SILP and Preston look forward to gathering with friends and loved ones. We hope to maintain our participation in the mall coffee dates within the new year to develop new friendships and uphold current ones. We truly appreciate our relationships with friends and family and aim to display this gratitude by giving back to our community.





Light of the Prairies would like to expand our newsletter circulation.  
If you know of any family, friends or co-workers who would be interested in  
Light of the Prairies, please send their information to:

Candace Dillon at [admin@lightoftheprairies.ca](mailto:admin@lightoftheprairies.ca)



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